



HIKE & RIDES



The Two Lakes Trail - Paimpont

Destination Brocéliande - Brocéliande Communauté de communes

N° 132

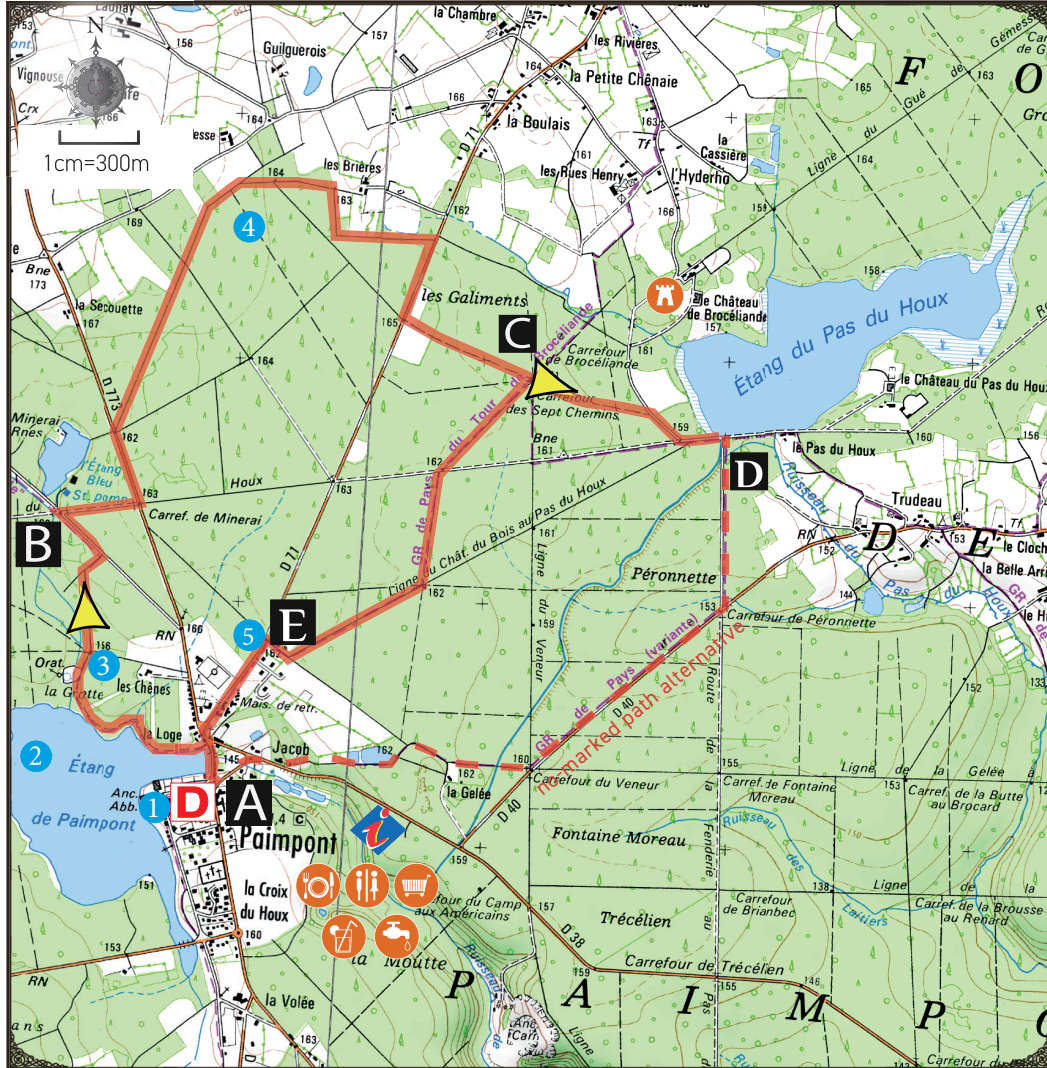


TIME : 3h30

START POINT : PAIMPONT ABBEY
(GPS coordinate : 48° 01' 11.064" N / 02° 10' 16.889" O)

DISTANCE : 12 km

Hunting season from mid-september to the end of march :
take the alternative path.



version de septembre 2012
Pictos : bcv création

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NOTEWORTHY SITES

- 1 Paimpont Abbey (a national Historic Monument):** This thirteenth-century Benedictine monastery was occupied by monks until the French Revolution. Neo-Gothic medieval in style, the abbey church boasts baroque interior decor from the seventeenth century. The sacristy hosts the abbey's treasure: a stunning ivory Christ (seventeenth century), a reliquary (fifteenth century) said to hold a radius of Saint Judicaël and a multicoloured wooden statue (fifteenth century). Open to the public.
- 2 The Abbey Lake (listed as a departmental nature area):** a stunning 50-hectare body of water adjacent to Paimpont Abbey.
- 3 Grotto of Notre-Dame de Paimpont:** this site was developed in 1885. The grotto has been a destination for pilgrims since the time of the monks.
- 4 Paimpont Forest (private):** extending over 8,000 hectares, this is the largest forest in the Armorica peninsula. It is also a key place in Arthurian legend.
- 5 The Cross of Judicaël:** a very old purple-schist cross standing in the middle of the forest. This stone cross is very well preserved.

FOLLOW THE WAYMARKERS

- Correct route
- Wrong way
- Turn left
- Turn right

A-B : yellow and red B-C : blue
C-D : yellow and red D-E : without path marking
E-A : yellow and red

Closed between E and C from mid- september to march 31 : take the alternative path.

PROTECT THE ENVIRONMENT

- Stay on the trails to avoid trampling plants and to minimise erosion,
- Close all gates behind you
- Take your rubbish with you until you find a bin,
- Respect the fauna and flora; learn about the importance of conservation
- Ask the local authorities about the hunting season. Some routes may be dangerous during this period

CONTACT

Tourist office of Brocéliande, Paimpont
02 99 07 84 23
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www.tourisme-broceliande.com

Check out other hikes and rides on the Destination Brocéliande website
www.broceliande-vacances.com

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